



Approaching healthcare as services become available...

As stay-at-home restrictions are being lifted and more healthcare services become available, you may be looking to secure a doctor's visit. Here are some helpful tips for seeking medical care in this ever-changing environment:

1

Consider virtual visits – Avoid the waiting room by consulting with a doctor over the phone or by video conference. This is a good option if you have a minor illness.

2

Schedule in-person visits well in advance – Medical facilities are starting to allow elective procedures again. It's best to plan ahead and get your appointments scheduled while they are available.

3

Contact your Alight Health Pro – Leave the work to your Health Pro. They can schedule your appointments, verify your benefits, and research providers that offer virtual visits as an option.

To Reach your Health Pro: MyHealthPro@alight.com

800-513-1667

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